

+ Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. As You are already there, I embrace You & unite myself wholly to You. Never permit me to be separated from You. Amen.

+ Prayer to St Michael

Holy Michael, the Archangel, defend us in the day of battle.

Be our safeguard against the wickedness and snares of the devil.

May God rebuke him, we humbly pray; and do Thou, O Prince of the heavenly host, by the power of God, thrust down to hell Satan and all the wicked spirits who wander through the world for the ruin of souls.

+ Prayer to the Holy Spirit:

V. Come, Holy Spirit, fill the hearts of Your faithful.

R/ And kindle in them the fire of Your love.

V. Send forth Your Spirit and they shall be created.

R/ And You will renew the face of the earth.

Let us pray. O God, Who, by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever rejoice in His holy consolation. Through Christ our Lord. Amen

Last Week's COLLECTION

1st Collection: £1,114.66

2nd Collection: Mary's Meals £646.08

You can Gift Aid all your donations and online. Otherwise, for a Gift Aid form just ask the office to hand you one or download and print it from the Donate page on our website and hand it in at the office.

ONLINE DONATION on the Diocesan Website:

<https://northamptondiocese.org/donate/>

Scroll down to find the 'Donate' button and follow the instructions on the Catholic Diocese of Northampton InvestMyCommunity for one-off or monthly donations. Please ensure the parish name and area, e.g. SJHN, High Wycombe, that the donation is intended for is indicated in the notes section of the donate page. Please include your full name too.

STANDING ORDER via donor's own bank: You can also set up a standing order for donations to the parish using either your online bank account or in branch. The information required to make the donation is as follows.

Bank: NatWest Sort Code: 60-06-11 Account Number: 46898093 Account Name: Northampton Roman Catholic Diocesan Trust Payment Ref: SJHN.



LEGACIES

Future Legacies. Consider not just our own future but the future of our Parishes. One way of making that future real is by considering a Legacy. Many people do not really consider this because they don't have very much to leave but as has truly been said: Every Little Helps Please take one of the cards sent out by the Diocese and think about what you might do.

Anniversaries of death

Ellen Mary Parker, Josef Koelanowski, Anthony Walker, Joyce Coleman, Roman Pilzek, Catherine Maria Dudley, Michael John Scully, Ivy Grist, Catherine Mary Helliwell, Keila Patricia Currie, Johanna Timeniaks, Wyn Curl, Bridget Scott, Bridget Quigley, Patrick Joseph Leavy, Joseph Roman Mibel, Sarah Pauline Quinn, Patricia Woodbridge, Ann Rosemary Kenny, Charles William McHugh, Philomena Wilson, Sarah Desimone, Mary McCorrmack, Megan Marian Essex, John Edward Doran, Thomas McDowell, Shirley Fitzpatrick.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen

WHC - Brighton Marathon – Free Spaces!

Sunday 7th April 2024. We have free places in the world famous Brighton Marathon which is on Sunday 7th April 2024. If you'd like to know more, please contact Lynne Cole at communications@wyhoc.org.uk or call 01494 410849 and please let anyone you think might be interested know. See also the poster in the narthex.

Wycombe Homeless Connection

BIG SLEEP OUT

Saturday 2nd March 2024

The Big Sleepout is back and we need it to be our biggest and best ever, so please, sign up to swap your bed for a sleeping bag to change the lives of people who are homeless in our community! We have two organised locations you can join: We are delighted to be back at Adams Park, home of Wycombe Wanderers FC, and at All Saints Church in Marlow. You can also opt to sleep out "at home" by choosing a location which suits you, maybe your churchyard, workplace, garden or the school playground. You can take part on your own or with groups and if the challenge itself isn't for you perhaps you can spread the word to those who might like to take part, and of course sponsor those who are.

All the details are online or please call 01494 447699.

Find out more, see the poster in the narthex and sign up here: www.wyhoc.org.uk/bigsleepout2024

Love Pray Walk

Friday 22nd – Sunday 31st March 2024

Holy Week and Easter 2024

Oxford to Walsingham



See poster in the narthex to find out more with QR code or email: studentcross.oxfordleg@gmail.com

NEWSLETTER

Catholic Parish of St John Henry Newman

- HIGH WYCOMBE - Roman Catholic Diocese of Northampton

OLG: Our Lady of Grace, 29 Squirrel Lane, HP12 4RY

SW: St Wulstan's, Hollis Road, HP13 7UN

PLEASE TAKE THIS NEWSLETTER HOME FOR REFERENCE



CONFESSIONS

Saturday 10.15-11.00 (St Augustine)

Saturday 11.30-12.00 (St Wulstan)

Thursday 6.30-7.00pm (Our Lady of Grace) Or, by arrangement, at any reasonable time by phone, or email to the Parish Priest.

BAPTISMS by arrangement

Sunday 1.00pm Our Lady of Grace

Sunday 1.30pm St Augustine

Sunday 1.30pm St Wulstan

28th January 2024

Entrance Antiphon:

Save us, O Lord our God! And gather us from the nations to give thanks to Your Holy Name, and make it our glory to praise You.

Psalm Response:

O that today you would listen to His Voice! Harden not your hearts.

Gospel Acclamation:

The people that lived in darkness has seen a great light; on those who dwell in the land and shadow of death a light has dawned.

Eucharistic Acclamation (Mystery of Faith)

When we eat this Bread, and drink this Cup, we proclaim Your Death, O Lord until You come again.

Next Sunday:

5th Sunday of Ordinary Time

PARISH

THANK YOU

From Fr Alessandro and myself to all who helped us to celebrate recently – Fr Alessandro on the 10th anniversary of his Priestly Ordination and myself on my birthday. Thanks too from both of us for your cards and good wishes.

CONFIRMATION PROGRAMME

Our Confirmation programme begins this week, with our first meeting taking place at Our Lady of Grace on Friday at 6.30pm. All candidates will (hopefully) have received by email a letter and the dates for the programme.

Parish Office: Tel: 01494 472526

St Wulstan's, Hollis Road, High Wycombe, HP137UN

Opening hours: TUES, THURS and FRI 10am-3pm

Parish email: parish.stjhn@northamptondiocese.org

Parish Website: www.stjhnparish.org

Parish Secretary: Mrs Ann Masat

Priests' Telephone: 01494 523969

Parish Priest: Rev. Jonathan Hill

email: frjonathan.hill@northamptondiocese.org

Assistant Priest: Rev Alessandro Renò

email: fralessandro.reno@northamptondiocese.org

Deacon: Rev. Mr Paul Priestley - 07591 462894

deaconpaul.priestley@northamptondiocese.org

Safeguarding Reps: Joan Fisher & Judith Forster

email: safeguarding.stjhn@northamptondiocese.org

28th January 2024

4th Sunday of Ordinary Time – Year B

Week of Prayer for Racial Justice

Sat 27 th	Jan	(OLG)	5.00pm	Vigil Mass
Sun 28 th	Jan	(SW)	9.00am	Holy Mass
Sun 28 th	Jan	(OLG)	11.00am	Holy Mass

DURING THE WEEK

Mon 29 th	Jan	(St Aug)	9.30am	Holy Mass
(Sarah Jao Benjamin)				
Tues 30 th	Jan	(SW)	10.00am	Holy Mass
Wed 31 st	Jan	(St Aug)	9.30am	Holy Mass
(Grazyna Krzywicka R.I.P.)				
Thurs 1 st	Feb	(OLG)	7.00pm	Holy Mass
Fri 2 nd	Feb	(SW)	10.00am	Holy Mass
(Shirley Fitzpatrick R.I.P. – Anniversary)				
Sat 3 rd	Feb	(St Aug)	9.30am	Holy Mass

SVP Tuesday Morning Coffee at St Wulstan's

The next Tuesday Coffee Morning will be held on the **13th FEBRUARY** Please do join us.



200 CLUB

It is that time of the year to join the 200 Club or to renew your membership. Bridie will be available every Sunday after Mass at St Wulstan's during January to sign you up to the monthly draw of £50.

Repositories at our churches

The Repositories located in the narthexes at both our churches will be open after Masses on Sat. night and Sun. morning.

Lectio Divina Thursdays at 11.00am

Sessions are over Zoom (joining from 10:45 to start at 11:00) and will last a maximum of 1 hour 30 minutes. For further details on how to join, please contact: **Marian Dunsire** marian_dunsire@outlook.com, **Anne Freier** freier1961@gmail.com, or **Kathy Russell** karussell43@aol.com

Companions in Christ

We meet on a **Tuesday evening from 7.30 – 9.00pm on Zoom**. If you would like to discuss aspects of your faith in a relaxed, informal way then why not come along and join us. Please email Catri c.plummer@ntlworld.com for more details and the Zoom link

Children's Liturgy (OLG) 11:00am Sunday

The next children's liturgy sessions will be on the All children aged 4 to 8 are very welcome. **Could you help just once a month?** Contact Claire via the parish office for more information or just come and observe a session.

Mass Intentions

In future, please direct all Mass intentions to **St Augustine's**. this is so that the intentions can be kept in one diary and it will avoid any clashes between our three churches. The no. for St Augustine's is : 01494523969 or email your request to: frjonathan.hill@northamptondiocese.org

NORTHAMPTON DIOCESAN DIRECTORY 2024

The Northampton Diocesan Directory for 2024 containing the Ordo is now available at the back of our churches. Price £3

RETIRING COLLECTIONS IN JANUARY

THIS WEEKEND - 26/27 January - LEPRA

BETHLEHEM NATIVITY GROUP

The Bethlehem Nativity Group, who visited St Augustine's Parish last month will be visiting High Wycombe again in February. They will be selling their hand-made olive-wood items at **St Wulstan's and Our Lady of Grace after the Masses on the weekend of 3rd - 4th February**. The money they raise goes to help poor Christian families in the Holy Land.

DIOCESE

DIOCESAN DATES FOR YOUR DIARY

We are currently receiving a lot of information from the Diocese. There is really only room on the newsletter for monthly events. All other information will be on the front page of the website. Just scroll down past the Mass times. Alternatively, To keep up to date with fortnightly news and opportunities from across our diocese by signing up to receive updates straight into your inbox. Simply visit <https://northamptondiocese.org/#signup>

(1) Racial Justice Sunday

This Sunday, 28th January is Racial Justice Sunday. The theme is 'Seeing one another in the life of the Church'. The Catholic Bishops Conference of England and Wales have produced some resources based on the lives of the Saints.

Reflective questions - <https://www.cbcew.org.uk/seeing-one-another-in-the-life-of-the-church/>

Saints of Colour - <https://www.cbcew.org.uk/saints-of-colour/>

(2) Year of Prayer 2024 – Prayer Resources

Please visit our prayer resources page which is regularly updated with prayer resources for the liturgical season and general resources for prayer during this year.

<https://northamptondiocese.org/prayer-resources/>

(2) Mission Northampton

The Secrets of St Paul is a 10-week online course beginning on Wednesday 10th January and finishing on Wednesday 20th March. For more information visit:

www.northamptondiocese.org/courses or call **01604 434362**

(3) Pilgrims of Hope Tour

This week Bishop David began the 'Pilgrims of Hope' tour in St Thomas Aquinas Catholic Church in Bletchley.

For more information and full list of venues and dates visit <https://northamptondiocese.org/pilgrims-of-hope-tour/>

(4) Preparing for the Rite of Election 2024

RCIA group leaders, catechists, liturgists [not catechumens/candidates] to explore the Rite and prepare for this year's celebration which will be held on **18 February at 3 pm in the Cathedral with Bishop David**. To register your place for the session please contact Mgr Kevin McGinnell at:

frkevin.mcginnell@northamptondiocese.org

(5) LUX Dive Residential Weekend

Lux is a residential for young people organised by our diocesan youth ministry team, NYMO. From the evening of **Friday 9th February - the afternoon of Sunday 11th February**, those in school years 7-13, will gather in Northampton. The cost for the weekend is **£125pp** and this includes all program activities, all meals and accommodation. Transport to and from the venue is not included. For more information visit <https://nymo.org/lux-dive/> or email info@nymo.org

(6) Bookings for BLAZE 2024 Retreat Days are now open

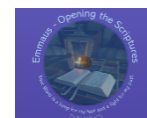
South Pastoral Area (Aylesbury, South Bucks, Chiltern, Slough) **Saturday 11th May 2024 11.00am – 4.00pm at St Joseph's RC High School, Slough. Cost: £13 per person.** Bring your own lunch, refreshments provided. Bishop David invites

Confirmandi (11-18 years) to meet him and to come together to explore their faith and take part in interactive workshops, in preparation for their forthcoming Confirmations.

(7) Light Up Lent - 29th Feb – 7th March

Light Up Lent is our diocesan Week of Accompanied Prayer, a retreat in everyday life. Begin or deepen your prayer life, get to know the Scriptures better, and above all, grow in faith and in love for the Lord who loves you. With one-to-one support each day for a week, via Zoom, from an experienced prayer guide. Find out more here and at our introductory webinar on **1st February 7:30-8:30pm**.

<https://pastoralministryoffice.org/event/lightuplent/>



EMMAUS – Opening the Scriptures

Our South Bucks Pastoral Area.
SPRING 2024 TALKS

They will be held on the 1st Wednesday of each month from 7:30-9pm. Venue: St Teresa's Church, Beaconsfield, HP9 2PL Register Now at:

www.stjosephs.org.uk/Emmaus

Wednesday 7th February

The Seven Last Words - New Insights

Speaker: Fr Timothy Radcliffe (based on his book)

A list of forthcoming talks can be found in the narthex.

PASTORAL DEVELOPMENT WORKER

We are currently recruiting for a Pastoral Development Worker to help our pastoral areas and parishes identify mission and community needs and to work with local groups to discern and implement their local vision. The role will be for 37.5 hours per week on a three-year fixed term contract, involving weekend and evening work. Full information for the position and an application form can be found by visiting <https://northamptondiocese.org/jobs/> The closing date for applications will be **Friday 16th February**. Interview dates to be confirmed. All candidates should complete an application form and email it to: hr.admin@northamptondiocese.org

The Duns Scotus Trust

Bishop David is seeking experienced Directors/School Governors to represent his wishes on the Duns Scotus Trust – the diocesan body that has ultimate oversight of all diocesan schools and reports back to the Trustee. Do you know anyone who has experience in business, finance or education? Would they have time to commit to three meetings per year? For an information pack or to discuss this volunteer position, please ask them to contact **Debbie Main** on **01634 953369** or email debbie.main@northamptondiocese.org

OTHER



Rosary Evening

You are invited to a beautiful evening of prayer, litanies, readings and Rosary, with music and prayer ministry on **Wednesday 31st January 2024 at St Augustine's church, 24 Amersham Hill, High Wycombe HP13 6NZ at 7.30pm**



A Programme for Couples Struggling in their Marriages

There is no group therapy or group work. Our next programme commences with a Virtual weekend on **8 - 11 February 2024** or there is a Face to Face weekend in Welwyn Garden City on **14-16 June 2024**. Call or text **07887 296983** or **07973 380443**, email retrovailleukinfo@gmail.com - or visit www.retrovaille.org.uk See also the poster in the narthex. Complete confidentiality assured.

Stop Two Extreme Abortion Amendments

Pro-Abortion MP's Stella Creasy and Diana Johnson, have tabled two extreme abortion amendments in an attempt to hijack the Criminal Justice Bill. **Right to Life UK** has launched a tool on its website that makes it easy for you to email your MP to ask them to oppose the two extreme abortion up to birth amendments and sign Early Day Motion 131 to stop abortion pills being sent out without an in-person medical appointment. Please visit <https://righttolife.org.uk/abortionamendments> to contact your MP now. It only takes 30 seconds

CAFOD – School Volunteers Needed

Do you enjoy working with children and young people? Could you help to inspire and empower children and young people in your local Catholic schools by delivering an assembly or a workshop? You will be supported by CAFOD with training, resources and expenses paid. Do consider the role of CAFOD school volunteer. For more information contact **Debbie Purfield** dpurfield@cafod.org.uk or call **07786 114 390**.

A Day with Mary

On Saturday 10th February 2024, 10.00am – 5.30pm
At Our Lady of Peace & Bld. Dominic Barberi, Early, Reading.
A day of instruction, devotion & intercession, based on the message given at Fatima in 1917. Please see the poster in the narthex. For more details visit: www adaywithmary.org

LEPRA

World Leprosy Day. Leprosy is a terrible disease suffered by people in many parts of the world. It results so often in people being disabled, disfigured and marginalised in their communities. But it is in fact relatively easy to cure. Lepa has been at the forefront of this work for over 100 years now improving early detection of the disease, slowing its progress and providing ongoing support and medication for sufferers.. **This weekend we have a retiring collection for the work of Lepa.**

Wycombe Homeless Connection

BIG SLEEP OUT Sat. 2nd March 2024

Dee Harvey and Maria Schafer will be participating in the homeless charity WHC sleepout on Saturday 2nd of March 2024 to raise funds to settle people in accommodation specially during winter times. There is a sponsorship sheet list left at the church entrance for people to sign or pledge their support. Details for online pledging follows soon. **Please support Dee and Maria and be as generous as you can for this worth cause.**

